

Advert Specification 2026

Area clubs are invited to publicise their MGOC road run or event in Regional Review. Each area is permitted 4 eighth page adverts per year for this purpose. Some examples appear below:

If you wish to submit your own advert design the specifications are detailed below:

177mm x 113mm (Landscape)

File Format: PDF, PNG, JPG

Resolution: 300 DPI

If you prefer your advert to be prepared by MGOC please send your required text in a Word file, and any photos or images with a resolution of 300 DPI as separate JPG, PNG or PDF file. We are unable to accept images embedded in Word documents.

Please include:

Area Number:

Area Secretary daytime contact number (MGOC use only):

Event name:

Months of inclusion:

